



# THE ART OF SOAP MAKING E-BOOK

Easy Melt & Pour  
Soap Making for  
Beginners

THERASCIENTIAL.COM



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## CO-FOUNDER OF THERASENTIAL

Ms. Kris Tehilla Chan is an artisanal soap making instructor who is deeply passionate about sharing her craft with others. As an experienced soap teacher, Kris delights in introducing her students to the joys of melt-and-pour soap making, guiding them in creating natural, therapeutic soaps that are both visually stunning and wonderfully fragrant. Whether crafting colorful, festive soaps as gifts or learning holistic techniques for nourishing one's skin, Kris brings her infectious enthusiasm and wealth of knowledge to every class, empowering students to embark on their own soap making journeys. With Kris' easy-to-follow instruction, anyone can learn to produce beautiful, handmade soaps that are as rewarding to make as they are to use.

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# INTRODUCTION

Welcome to a quick tutorial on how to make your own soap using the melt and pour method. We'll take you on a learning journey to discovering techniques and materials for homemade delightful and nourishing soaps



# INGREDIENTS

## Supplies Needed

- Melt and pour soap base
- Silicone soap mold
- Stirrer
- Spray bottle with ethanol alcohol

## Method 1

- First measure and cut the soap base into cubes for easy melting
- Next place the packet cubed soap base into hot water and heat
- Ensure all soap chunks are fully melted

## Method 2

- First place the soap cube into a metal pot
- Next place over an electric heater plate
- Ensure all soap chunks are fully melted

# INGREDIENTS

## **Pour and Set**

- First, spray the mold with alcohol
- Next carefully pour the melted soap base into the mold, filling it evenly
- Spray the top with the alcohol to help prevent bubbles from forming.
- Lastly, allow the soap to fully cool and harden for 30 to 45 minutes.
- Alternatively, fridge cool to hasten the soap solidification

## **Unmold and Enjoy**

- Once set, remove the soap from the mold. The unmolded soap bars are now ready to use.

**Tip :** There are a few types of melt-and-pour soap bases. Such as Opaque, Glycerin and, Clear soap bases

# INSPIRATION



**"The greatest works  
are done by the ones  
who dare to try and  
fail."**

- George M. Moore Jr.

# DID YOU KNOW?

**Hand Washing: Use soap for washing hands to maintain hygiene and prevent the spread of germs.**

## **Ancient Civilizations**

The earliest evidence of soap dates back to 2800 BC in ancient Babylon, where they made soap-like substances from fats and ashes.



## CONCLUSION

Wasn't that easy? I hope you're inspired to get crafty and create your custom melt-and-pour soap creations. In the next E-book, we will show different mix-ins, and colors to make each batch unique. Happy soaping, my friends!



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